


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Life. Uplifted.</p>	<ul style="list-style-type: none"> Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well 			<ul style="list-style-type: none"> 10:30 Exercise with Meridian 11:15 Gardening Club 1:30 Travase Cinemas: Diamonds Are Forever 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: Skyfall 4:30 Happy Hour Ends 5:30 Painting with Colleen 7:30 Painting with Colleen Ends 	<ul style="list-style-type: none"> Salon Day 10:30 Dumbbell Strength Exercise 11:15 Nail Spa 1:30 Travase Cinemas: Look Who's Talking 2:30 Veteran's Club Meeting 3:30 Travase Cinemas: Spectre 4:15 Pool 6:00 Aromatherapy Hand Massages 	<ul style="list-style-type: none"> 7:30 Bus Outing: Saint Gilbert Catholic Mass, Grayslake 10:30 Sit & Be Fit Exercise 11:15 Nail Spa 1:30 Travase Cinemas: 2:15 BINGO 3:30 Travase Cinemas: 4:00 Arts & Crafts 6:00 Wii Jeopardy
<ul style="list-style-type: none"> 10:30 Sit & Be Fit Exercise 11:15 Jewelry & Beads 1:30 Travase Cinemas: 2:15 Ice Cream Sundae Bar 3:30 Travase Cinemas: 4:15 Cards 6:00 Wii Wheel of Fortune 	<ul style="list-style-type: none"> 10:30 Full Body Exercise 11:00 Delight Karelian Bear Puppies Comfort Care Pet Therapy Visit 1:30 Travase Cinemas: 2:30 Ambassador Club Meeting 3:00 Fruit Dip with Nutritionist Michelle 3:30 Travase Cinemas: 6:00 Gardening Club 	<ul style="list-style-type: none"> 9:30 Bus Outing: Walgreens, Grayslake 20% OFF Senior Day 10:30 Legs Exercise 11:00 Saint Gilbert Catholic Communion Service 1:00 Bus Outing: \$5 Tuesday: The Lion King 1:30 Travase Cinemas: 2:00 BINGO with Meridian 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Happy Hour Ends 6:00 Aromatherapy Hand Massages 	<ul style="list-style-type: none"> 10:15 Bus Outing: Wal-Mart Supercenter, Gurnee 10:30 Dumbbell Strength Exercise 11:15 Culinary Creations 1:30 Travase Cinemas: 2:00 Arts & Crafts 3:30 Travase Cinemas: 4:00 Nail Spa 6:00 Make Words 	<ul style="list-style-type: none"> 10:30 Exercise with Meridian 11:15 Gardening Club 1:30 Travase Cinemas: 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:00 Bus Outing: Veteran's Club- Yuri of Japan Restaurant, Third Lake 4:30 Happy Hour Ends 6:00 Wii Bowling 	<ul style="list-style-type: none"> Salon Day 10:30 Sit & Be Fit Exercise 11:00 Canine 4 Comfort Pet Therapy Visits 1:30 Travase Cinemas: 2:00 Pool 3:30 Travase Cinemas: 4:00 Wii Wheel of Fortune 	<ul style="list-style-type: none"> 10:30 Resistance Bands Exercise 11:15 Nail Spa 1:30 Travase Cinemas: 2:15 BINGO 3:30 Travase Cinemas: 6:00 Jigsaw Puzzles
<ul style="list-style-type: none"> 10:30 Full Body Exercise 11:15 Jewelry & Beads 1:00 Hope Evangelical Presbyterian Service 1:30 Travase Cinemas: 3:30 Travase Cinemas: 4:15 JENGA 6:00 Wii Bowling 	<ul style="list-style-type: none"> 10:30 Sit & Be Fit Exercise 11:15 Gardening Club 11:45 Bus Outing: Portillo's Hot Dogs Restaurant, Gurnee 1:30 Travase Cinemas: 2:15 Book Club Meeting 3:30 Travase Cinemas: 	<ul style="list-style-type: none"> 10:30 Legs Exercise 11:00 Saint Gilbert Catholic Communion Service 1:30 Travase Cinemas: 2:00 BINGO with Meridian 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Bus Outing: Veteran's Club AREA General Store- Cup of Joe 4:30 Happy Hour Ends 6:00 Pool 	<ul style="list-style-type: none"> 10:15 Bus Outing: Trader Joe's Grocery, Libertyville 10:30 Dumbbell Strength Exercise 11:15 Culinary Creations 1:30 Travase Cinemas: 2:30 Vibrant Life Program Meeting 3:30 Travase Cinemas: 4:00 Nail Spa 6:00 Make Words 	<ul style="list-style-type: none"> 10:30 Exercise with Meridian 11:15 Gardening Club 1:30 Travase Cinemas: 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Happy Hour Ends 6:00 Aromatherapy Hand Massages 	<ul style="list-style-type: none"> Salon Day 10:30 Resistance Bands Exercise 11:00 Bus Outing: The Dancing Horses Theater, Delavan 11:15 Culinary Creations 1:30 Travase Cinemas: 2:00 Arts & Crafts 3:30 Travase Cinemas: 6:00 Pool 	<ul style="list-style-type: none"> 7:30 Bus Outing: Saint Gilbert Catholic Mass, Grayslake 10:30 Sit & Be Fit Exercise 11:15 Nail Spa 1:30 Travase Cinemas: 2:15 BINGO 3:30 Travase Cinemas: 4:15 Cards 6:00 Wii Family Feud
<ul style="list-style-type: none"> 10:30 Sit & Be Fit Exercise 11:15 Jewelry & Beads 1:30 Travase Cinemas: 2:15 Root Beer Float Bar 3:30 Travase Cinemas: 4:15 Cards 6:00 Aromatherapy Hand Massages 	<ul style="list-style-type: none"> 10:30 Ageless Grace Exercise with Caleb Johnson 11:15 Insight Into Low Vision Cause & Effect with Legacy Therapy 11:30 Bus Outing: The Cheesecake Factory, Lincolnshire 1:30 Travase Cinemas: 3:30 Travase Cinemas: 6:00 Gardening Club 	<ul style="list-style-type: none"> 10:30 Legs Exercise 11:00 Saint Gilbert Catholic Communion Service 1:30 Travase Cinemas: 2:00 BINGO with Meridian 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Happy Hour Ends 6:00 Wii Wheel of Fortune 	<ul style="list-style-type: none"> 10:15 Bus Outing: Jewel-Osco, Grayslake 10:30 Full Body Exercise 11:15 Culinary Creations 1:30 Travase Cinemas: 2:00 Arts & Crafts 3:30 Travase Cinemas: 4:00 Nail Spa 6:00 Make Words 	<ul style="list-style-type: none"> 10:30 Exercise with Meridian 11:15 Gardening Club 1:30 Travase Cinemas: 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Happy Hour Ends 5:00 Travinia: A Summer Concert Series: Orchestra/Classical 8:00 Travinia: A Summer Concert Series Ends 	<ul style="list-style-type: none"> Salon Day 10:30 Sit & Be Fit Exercise 11:00 Canine 4 Comfort Pet Therapy Visits 1:30 Travase Cinemas: 2:00 August Birthday Celebration with Live Entertainment 3:30 Travase Cinemas: 	<ul style="list-style-type: none"> 7:30 Bus Outing: Saint Gilbert Catholic Mass, Grayslake 10:30 Resistance Bands Exercise 11:15 Nail Spa 1:30 Travase Cinemas: 2:15 BINGO 3:30 Travase Cinemas: 4:00 Pool 6:00 Jigsaw Puzzles
<ul style="list-style-type: none"> 10:30 Dumbbell Strength Exercise 11:15 Jewelry & Beads 1:30 Travase Cinemas: 3:30 Travase Cinemas: 6:00 Wii Baseball 	<ul style="list-style-type: none"> 10:30 Legs Exercise 11:00 Delight Danes Comfort Care Pet Therapy Visits 1:30 Travase Cinemas: 2:15 Book Club Meeting 3:30 Travase Cinemas: 4:15 Arts & Crafts 6:00 Gardening Club 	<ul style="list-style-type: none"> 10:30 Sit & Be Fit Exercise 11:00 Saint Gilbert Catholic Communion Service 1:30 Travase Cinemas: 2:00 BINGO with Meridian 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Happy Hour Ends 6:00 Aromatherapy Hand Massages 	<ul style="list-style-type: none"> 10:15 Bus Outing: Target, Mundelein 10:30 Full Body Exercise 11:15 Culinary Creations 1:30 Travase Cinemas: 3:30 Travase Cinemas: 4:00 Nail Spa 6:00 Make Words 	<ul style="list-style-type: none"> 10:30 Exercise with Meridian 11:15 Gardening Club 1:30 Travase Cinemas: 3:00 Happy Hour: Drinks & Appetizers 3:30 Travase Cinemas: 4:30 Happy Hour Ends 5:00 Honky Tonk BBQ Night 8:00 Honky Tonk BBQ Night Ends 	<ul style="list-style-type: none"> Salon Day 9:45 Bus Outing: Luncheon Boat Tour, Lake Geneva 10:30 Sit & Be Fit Exercise 11:15 Culinary Creations 1:30 Travase Cinemas: 2:00 Resident Council Meeting 2:45 Food For Thought Meeting 3:00 August Meridian Auction 3:30 Travase Cinemas: 6:00 Pool 	<ul style="list-style-type: none"> 7:30 Bus Outing: Saint Gilbert Catholic Mass, Grayslake 10:30 Sit & Be Fit Exercise 11:15 Nail Spa 1:30 Travase Cinemas: 2:15 BINGO 3:30 Travase Cinemas: 4:15 Cards