


	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 10:30 🏠 30 Days of Gratitude 11:00 🏠 Who Am I 1:30 ♥ Evening Exercise 3:00 🦋 Bingo Social 4:00 🌟 Relax On The Patio 6:00 🦋 Dominoes 6:15 Evening Refreshments	2 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 10:15 🦋 Sing-A-Long with instruments 11:30 🌟 Catholic Communion 2:00 🌟 Arts & Crafts 3:00 ♥ Parachute Games 4:00 🦋 Matinee Movie 6:00 🦋 Puzzles & Music 6:15 Evening Refreshments	3 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 10:15 🦋 Current Events & Coffee 11:00 🏠 Bowling 2:00 🦋 Dancing & Music 3:00 🦋 Bingo Social 4:00 🏠 Sorting & Organizing 6:00 🏠 Cards 6:15 Evening Refreshments	4 9:00 🦋 Salon Opens 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🦋 Cooking Class 2:00 🏠 Generations Vibrant Life Programming Meeting 3:00 🦋 Happy Hour: Drinks & Appetizers 4:00 🏠 Reminiscing: Getting to Know you 6:00 🏠 Board Games 6:15 Evening Refreshments	5 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🦋 Darts 2:00 🏠 Short Stories 3:00 🦋 Matinee Movie 6:00 🌟 Painting 6:15 Evening Refreshments	6 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🌟 Badminton 2:30 🏠 Sing-A-Long 3:00 🌟 Wind Down Coloring 6:00 🦋 Card Games 6:15 Evening Refreshments	
<p><i>"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down."</i></p> <p><i>— Mary Pickford</i></p>	7 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 10:30 🌟 Prayer and Peace 11:00 ♥ Parachute Fun 1:30 🏠 Crosswords 6:00 🏠 Silver Screen Classic Movie 6:15 Evening Refreshments	8 Columbus Day 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🏠 Mad Libs Challenge 2:00 🦋 Bingo Social 3:30 🏠 Dominoes 6:00 🏠 Crosswords 6:15 Evening Refreshments	9 9:30 ♥ Full Body Workout 10:15 🦋 Sing-A-Long with instruments 11:30 🌟 Catholic Communion 2:00 🌟 Arts & Crafts 3:00 ♥ Parachute Games 4:00 🦋 Matinee Movie 6:00 🦋 Puzzles & Music 6:15 Evening Refreshments	10 9:30 ♥ Full Body Workout 10:15 🦋 Current Events & Coffee 11:00 🏠 Bowling 2:00 🦋 Dancing & Music 3:00 🦋 Bingo Social 4:00 🏠 Sorting & Organizing 6:00 🏠 Cards 6:15 Evening Refreshments	11 9:00 🦋 Salon Opens 9:30 ♥ Full Body Workout 11:00 🦋 Bingo Social 1:30 - 🌟 Dancing with Louis 4:00 🏠 Reminiscing: Getting to Know you 6:00 🏠 Board Games 6:15 Evening Refreshments	12 9:30 ♥ Full Body Workout 11:00 🦋 Darts 2:00 🏠 Short Stories 3:00 🦋 Happy Hour 6:00 🌟 Painting 6:15 Evening Refreshments	13 9:30 ♥ Full Body Workout 11:00 🌟 Badminton 2:30 🏠 Sing-A-Long 3:00 🌟 Wind Down Coloring 6:00 🦋 Card Games 6:15 Evening Refreshments	
Resident Birthdays Emma S. 10/17 Yvonne H. 10/19 Josie A. 10/21 Martin C. 10/29 Gail M. 10/30 Diane H. 10/31	14 9:30 ♥ Full Body Workout 10:30 🌟 Prayer and Peace 11:00 ♥ Parachute Fun 1:30 🏠 Crosswords 6:00 🏠 Silver Screen Classic Movie 6:15 Evening Refreshments	15 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🏠 Mad Libs Challenge 2:00 🦋 Bingo Social 3:30 🏠 Dominoes 6:00 🏠 Crosswords 6:15 Evening Refreshments	16 9:30 ♥ Full Body Workout 10:15 🦋 Sing-A-Long with instruments 11:30 🌟 Watson the dog came to visit - Mitzi Lawrence 2:00 🌟 Arts & Crafts - Sand Art in a bottle 3:00 ♥ Arts & Crafts continued 4:00 🦋 Matinee Movie 6:00 🦋 Puzzles & Music 6:15 Evening Refreshments	17 9:30 ♥ Full Body Workout - Including chair yoga 10:15 🦋 Parachute Fun 11:00 🏠 Bowling 2:00 🦋 Dancing & Music 3:00 🦋 Creative Expressions 4:00 🏠 Sorting & Organizing 6:00 🏠 Cards 6:15 Evening Refreshments	18 9:00 🦋 Salon Opens 9:30 ♥ Full Body Workout With Fun Upbeat Music 11:00 🦋 Bowling 3:00 🦋 Happy Hour: Drinks & Appetizers 4:00 🏠 Reminiscing: Getting to Know you 6:00 🏠 Board Games 6:15 Evening Refreshments	19 9:30 ♥ Full Body Workout 11:00 🦋 Darts and Hole toss game 2:00 🏠 Mad Libs Challenge 6:00 🌟 Painting 6:15 Evening Refreshments	20 9:30 ♥ Full Body Workout 11:00 🌟 Badminton 2:30 🏠 Sing-A-Long 3:00 🌟 Wind Down Coloring 6:00 🦋 Card Games 6:15 Evening Refreshments	
	21 9:30 ♥ Full Body Workout 10:30 🌟 Prayer and Peace 11:00 ♥ Parachute Fun 1:30 🏠 Crosswords 6:00 🏠 Silver Screen Classic Movie 6:15 Evening Refreshments	22 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🏠 Mad Libs Challenge 2:00 🦋 Bingo Social 3:30 🏠 Dominoes 6:00 🏠 Crosswords 6:15 Evening Refreshments	23 9:30 ♥ Full Body Workout 10:15 🦋 Sing-A-Long with instruments 11:30 🌟 Catholic Communion 2:00 🌟 Arts & Crafts 3:00 ♥ Arts & Crafts continued 3:00 ♥ Parachute Games 4:00 🦋 Matinee Movie 6:00 🦋 Puzzles & Music 6:15 Evening Refreshments	24 9:30 ♥ Full Body Workout 10:15 🦋 Current Events & Coffee 11:00 🏠 Bowling 2:00 🦋 Dancing & Music 3:00 🦋 Bingo Social 4:00 🏠 Sorting & Organizing 6:00 🏠 Cards 6:15 Evening Refreshments	25 9:00 🦋 Salon Opens 9:30 ♥ Full Body Workout 11:00 🦋 Cooking Class 3:00 🦋 Happy Hour: Drinks & Appetizers 4:00 🏠 Reminiscing: Getting to Know you 6:00 🏠 Board Games 6:15 Evening Refreshments	26 9:30 ♥ Full Body Workout 11:00 🦋 Darts 2:00 🏠 Short Stories 6:00 🌟 Painting 6:15 Evening Refreshments	27 9:30 ♥ Full Body Workout 11:00 🌟 Badminton 2:30 🏠 Sing-A-Long 3:00 🌟 Wind Down Coloring 6:00 🦋 Card Games 6:15 Evening Refreshments	
	28 9:30 ♥ Full Body Workout 10:30 🌟 Prayer and Peace 11:00 ♥ Parachute Fun 1:30 🏠 Crosswords 6:00 🏠 Silver Screen Classic Movie 6:15 Evening Refreshments	29 9:30 ♥ Full Body Workout 10:00 ♥ Morning Refreshments 11:00 🏠 Mad Libs Challenge 2:00 🦋 Bingo Social 3:30 🏠 Dominoes 6:00 🏠 Crosswords 6:15 Evening Refreshments	30 9:30 ♥ Full Body Workout 10:15 🦋 Sing-A-Long with instruments 11:30 🌟 Catholic Communion 2:00 🌟 Arts & Crafts 3:00 ♥ Arts & Crafts continued 3:00 ♥ Parachute Games 4:00 🦋 Matinee Movie 6:00 🦋 Puzzles & Music 6:15 Evening Refreshments	31 Halloween 9:30 ♥ Full Body Workout 10:15 🦋 Current Events & Coffee 11:00 🏠 Bowling 2:00 🦋 Dancing & Music 3:00 🦋 Bingo Social 4:00 🏠 Sorting & Organizing 6:00 🏠 Cards 6:15 Evening Refreshments	🏠 Be Challenged 🏠 Be Connected 🏠 Be Family 🌟 Be Inspired 🦋 Be Social ♥ Be Well			