


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:30 ♥ Exercise with Meridian 11:15 ♀ Manicures (Appointment Only) 1:15 ♥ Walking Club 2:00 ☆ Book Club Meeting 3:30 ♀ BINGO with Meridian 6:00 🚩 Words Games 6:30 ♥ Evening Walking Club	<b>2</b> 9:30 📷 Bus Outing: Senior Day at Walgreens, Grayslake 10:15 ♥ Full Body Workout 11:00 ☆ St. Gilbert's Catholic Communion 1:15 ♥ Walking Club 2:15 🗨 Meet & Greet Resident's In Our Community 3:30 ♀ Travarse Cinemas: 27 Dresses 6:00 🚩 Wii Jeopardy 6:30 ♥ Evening Walking Club	<b>3</b> 10:00 ♥ Resistance Bands Exercise 10:30 📷 Bus Outing: Meijer Supermarket, Round Lake 11:15 ♀ Live Performance with Mark Hoffman 1:15 ♥ Walking Club 2:00 ♀ BINGO 3:30 ☆ Fruit Yogurt Parfait Bar 6:00 🚩 Board Games 6:30 ♥ Evening Walking Club	<b>4</b> 10:30 ♥ Chair Yoga with Colleen 11:15 ♀ Piano with Frances Mai-Ling 1:15 ♥ Walking Club 3:00 ♀ Oktoberfest Happy Hour & Live Performance with Frank & K. 4:30 ☆ Arts & Crafts 6:00 🚩 Cards 6:30 ♥ Evening Walking Club	<b>5</b> 9:00 Salon Opens 10:30 ♥ Dumbbell Strength Exercise 11:15 📷 Bus Outing: Russell Military Museum, Zion 1:15 ♥ Walking Club 2:00 ♀ Travarse Cinemas: What's Your Number? 3:00 Salon Closes 3:15 ♀ Manicures (Appointment Only) 6:00 🚩 BUNCO 6:30 ♥ Evening Walking Club	<b>6</b> 7:30 📷 Bus Outing: Alzheimer's Walk, Independence Grove Forest Preserve: Libertyville 10:30 ♥ Through The Decades DVD 11:15 ♀ Hot Cider Bar 1:15 ♥ Walking Club 2:00 ♀ BINGO 3:00 ☆ Arts & Crafts: Ribbon Pumpkin 6:00 🚩 Scrabble 6:30 ♥ Evening Walking Club 7:00 ♀ Travarse Cinemas: The Mothman Prophecies
<b>7</b> 10:30 ♥ Through the Decades Exercise 11:30 ☆ Jewelry & Beads 1:15 ♥ Walking Club 2:00 ♀ Travarse Cinemas: 'This Means War' 6:00 🚩 Wii Jeopardy 6:30 ♥ Evening Walking Club	<b>8</b> Columbus Day 10:30 ♥ Exercise with Meridian 11:15 ♀ Manicures (Appointment Only) 12:00 📷 Bus Outing: BBQ'd Productions, Third Lake 1:15 ♥ Walking Club 3:30 ♀ BINGO with Meridian 6:30 ♥ Evening Walking Club	<b>9</b> 10:15 ♥ Resistance Bands Exercise 11:00 ☆ St. Gilbert's Catholic Communion 1:15 ♥ Walking Club 2:00 🗨 "This is Your Life Meeting" 3:30 ♀ Reese's Bats Snacks Bar 6:00 🚩 Wii Tennis 6:30 ♥ Evening Walking Club	<b>10</b> 10:00 ♥ Full Body Workout 10:30 📷 Bus Outing: Garden Fresh Market, Mundelein 11:30 ☆ Smoothies with Ryan 1:15 ♥ Walking Club 2:00 ♀ Breaking Grounds Drumming Circle 3:15 ♀ BINGO 6:00 🚩 Trivia 6:30 ♥ Evening Walking Club	<b>11</b> 10:30 ♥ Dumbbell Strength Exercise 11:15 ♀ Piano with Frances Mai-Ling 1:15 ♥ Walking Club 3:00 ♀ Boos & Booze Happy Hour 4:30 ☆ Arts & Crafts 6:00 🚩 Cards 6:30 ♥ Evening Walking Club	<b>12</b> 9:00 Salon Opens 10:30 ♥ Sit & Be Fit Exercise 11:15 ♀ Manicures (Appointment Only) 1:15 ♥ Walking Club 2:00 ♀ Live Performance with Dave Drushinin 3:00 Salon Closes 12:15 ♀ Piano with Paul 4:00 ♀ Travarse Cinemas: Bride Wars 6:30 ♥ Evening Walking Club	<b>13</b> 10:30 ♥ Gentle, Sitting Tai Chi Exercise 11:15 🚩 Word Games 1:15 ♥ Walking Club 2:00 ♀ BINGO 6:00 ☆ Canvas Painting 6:30 ♥ Evening Walking Club 7:00 ♀ Travarse Cinemas: The Day After
<b>14</b> 10:30 ♥ Arthritis Workout: Sit & Be Fit Exercise 11:30 ☆ Jewelry & Beads 1:15 ♥ Walking Club 2:00 ♀ Travarse Cinemas: Casino Royale 6:00 🚩 Scrabble 6:30 ♥ Evening Walking Club	<b>15</b> 10:30 ♥ Exercise with Meridian 11:15 ♀ Manicures (Appointment Only) 1:15 ♥ Walking Club 2:00 🗨 Resident Vibrant Life Programming Meeting 3:30 ♀ BINGO with Meridian 6:00 🚩 Wii Boxing 6:30 ♥ Evening Walking Club	<b>16</b> 10:15 ♥ Dumbbell Strength Exercise 11:00 ☆ St. Gilbert's Catholic Communion 12:00 📷 Bus Outing: Pumpkin Patch Krolls Fall Harvest Farm, Waukegan 1:15 ♥ Walking Club 4:00 ☆ Book Club Meeting 6:00 🚩 Poker 6:30 ♥ Evening Walking Club	<b>17</b> 10:00 ♥ Sit & Be Fit Exercise 10:30 📷 Bus Outing: Wal-Mart, Vernon Hills 1:15 ♥ Walking Club 2:00 ♀ BINGO 3:30 ♀ Travarse Cinemas: FireWall 6:00 🚩 Monopoly 6:30 ♥ Evening Walking Club	<b>18</b> 10:30 ♥ Resistance Bands Exercise 11:30 ♀ Ghost S'mores Dip Bar 1:15 ♥ Walking Club 3:00 ♀ Happy Hour with Meridian 4:30 ☆ Arts & Crafts 6:00 🚩 Cards 6:30 ♥ Evening Walking Club	<b>19</b> 9:00 Salon Opens 10:30 ♥ Full Body Workout 11:30 🚩 Words Games 1:15 ♥ Walking Club 2:15 ♀ October Birthday Celebration 3:00 Salon Closes 3:30 ♀ Travarse Cinemas: Beetlejuice 6:30 ♥ Evening Walking Club	<b>20</b> 10:30 ♥ Through the Decades Exercise 11:15 ♀ Apple Nachos Bar 1:15 ♥ Walking Club 2:00 ♀ BINGO 3:30 ♀ Pet Visits 6:00 ☆ Canvas Painting 6:30 ♥ Evening Walking Club 7:00 ♀ Travarse Cinemas: The Witches of Eastwick
<b>21</b> 10:30 ♥ Gentle Yoga Exercise 11:30 ☆ Jewelry & Beads 1:15 ♥ Walking Club 2:00 ☆ Baking Halloween Cookies 3:30 ♀ Travarse Cinemas: JAWS 6:00 🚩 Wheel of Fortune 6:30 ♥ Evening Walking Club	<b>22</b> 10:30 ♥ Exercise with Meridian 11:15 ♀ Manicures (Appointment Only) 1:15 ♥ Walking Club 2:15 ♀ Taste of Another Culture: France 3:30 ♀ BINGO with Meridian 6:00 🚩 Wii Baseball 6:30 ♥ Evening Walking Club	<b>23</b> 10:15 ♥ Resistance Bands Exercise 11:00 ☆ St. Gilbert's Catholic Communion 1:15 ♥ Walking Club 2:15 ♀ Root Beer Float Bar 3:30 ♀ Travarse Cinemas: Cocoon 6:00 🚩 Trivia 6:30 ♥ Evening Walking Club	<b>24</b> 10:00 ♥ Full Body Workout 10:30 📷 Bus Outing: Heinen's, Lake Bluff 11:30 🚩 Wii Jeopardy 1:15 ♥ Walking Club 2:00 ♀ BINGO 6:00 🚩 POKENO 6:30 ♥ Evening Walking Club	<b>25</b> 10:30 ♥ Dumbbell Strength Exercise 1:15 ♥ Walking Club 3:00 ♀ Happy Hour & Live Performance with Jacquelyn Miller 4:30 ☆ Arts & Crafts 4:30 🗨 Community Volunteer: Donate a meal- Lake County Haven 6:00 🚩 Cards 6:30 ♥ Evening Walking Club	<b>26</b> 9:00 Salon Opens 10:30 ♥ Sit & Be Fit Exercise 11:15 New Event Name 12:15 📷 Bus Outing: Incredible Bats Animals Education & Mini Pumpkins, Round Lake 1:15 ♥ Walking Club 2:00 🗨 Resident Food For Thought Meeting 2:30 🗨 Resident Council Meeting 3:00 Salon Closes 3:30 ♀ Halloween Meridian Auction Special 6:30 ♥ Evening Walking Club	<b>27</b> 10:30 ♥ Gentle, Sitting Tai Chi Exercise 11:30 🚩 Word Games 1:15 ♥ Walking Club 2:00 ♀ BINGO 6:00 ☆ Canvas Painting 6:30 ♥ Evening Walking Club 7:00 ♀ Travarse Cinemas: The Producers
<b>28</b> 10:30 ♥ Arthritis Workout: Sit & Be Fit Exercise 11:30 ☆ Jewelry & Beads 1:15 ♥ Walking Club 2:00 New Event Name 3:30 ♀ Travarse Cinemas: I Am Legend 6:00 🚩 Board Games 6:30 ♥ Evening Walking Club	<b>29</b> 10:30 ♥ Exercise with Meridian 11:15 📷 Bus Outing: Target, Mundelein 11:30 🚩 Wii Bowling 1:15 ♥ Walking Club 2:00 🗨 Trick-or-Treat with Toddlers! 3:30 ♀ BINGO with Meridian 6:00 ♀ Manicures (Appointment Only) 6:30 ♥ Evening Walking Club	<b>30</b> 10:15 ♥ Full Body Workout 11:00 ☆ St. Gilbert's Catholic Communion 1:15 ♥ Walking Club 2:00 ☆ Book Club Meeting 3:30 ♀ Travarse Cinemas: My Friend Dahmer 6:00 🚩 Word Games 6:30 ♥ Evening Walking Club	<b>31</b> Halloween 10:00 ♥ Resistance Bands Exercise 10:30 📷 Bus Outing: Baker's Square, Libertyville 11:15 ☆ Pumpkin Waffles Bar 1:15 ♥ Walking Club 2:00 ♀ Halloween Party & Live Performance 4:00 ♀ BINGO 6:00 🚩 Yahtzee! 6:30 ♥ Evening Walking Club	<b>Resident Birthdays</b> Emma S. 10/17 Yvonne H. 10/19 Josie A. 10/21 Martin C. 10/29 Gail M. 10/30 Diane H. 10/31		"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down." – Mary Pickford